

Health Education/Risk Reduction (HE/RR) Service Standards

HRSA Definition: Health Education/Risk Reduction is the provision of education to clients living with HIV about HIV transmission and how to reduce the risk of HIV transmission. It includes sharing information about medical and psychosocial support services and counseling with clients to improve their health status. Topics covered may include:

- Education on risk reduction strategies to reduce transmission such as pre-exposure prophylaxis (PrEP) for clients' partners and treatment as prevention;
- Education on health care coverage options (e.g., qualified health plans through the Marketplace, Medicaid coverage, Medicare coverage);
- Health literacy; and
- Treatment adherence education.

Limitations: Health Education/Risk Reduction services cannot be delivered anonymously.

Services: This service category includes the provision of information dissemination about medical and psychosocial support services and counseling to help clients with HIV improve their health status.

Activities of Health Education/Risk Reduction include, but are not limited to:

- Provision of information about available medical services, psychosocial support and counseling services;
- Education on HIV transmission and how to reduce the risk of transmission; and
- Risk reduction counseling on how to improve their health status and reduce the risk of HIV transmission to others.

Service Standard and Performance Measure

The following Standards and Performance Measures are guides to improving healthcare outcomes for PLWH throughout the State of Texas within the Ryan White Part B and State Services Program.

Standard	Performance Measure
<p>Health Educational Assessment and Service Plan: HE/RR staff will complete a health/HIV educational evaluation and plan that will indicate how the client's educational needs will be met. Plan must address:</p> <ul style="list-style-type: none"> • Methods of HIV transmission • How to reduce risk of HIV transmission <ul style="list-style-type: none"> ○ Medication adherence • Available resources to meet needs for recently incarcerated • Available resources to meet client needs • Health literacy 	<p>Percentage of clients with documented evidence in the client's primary record of a completed health/HIV education evaluation and plan.</p> <p>Percentage of clients with documented evidence in the client's primary record of a completed plan addressing methods of HIV transmission, risk reduction education, and resources available to meet client's needs.</p>
<p>Health Education/Risk Reduction: HE/RR staff will provide health education/risk reduction curriculum regarding:</p> <ul style="list-style-type: none"> • Methods of HIV transmission and how to reduce the risk of transmission <p>HE/RR staff will provide health education/risk reduction counseling regarding:</p> <ul style="list-style-type: none"> • How to improve their health status and reduce their risk of transmission to others. 	<p>Percentage of clients with documented evidence in the client's primary record of HE/RR curriculum regarding methods of HIV transmission and how to reduce risk of transmission.</p> <p>Percentage of clients with documented evidence in the client's primary record of HE/RR counseling regarding how to improve health status and reduce risk of transmission.</p>
<p>Resources: HE/RR staff will provide information regarding available medical and psychosocial support services to reduce barriers to care.</p>	<p>Percentage of clients with documented evidence in the client's primary record of HE/RR education provided regarding available medical and support services in the community.</p>
<p>Evaluation of health education/risk reduction counseling: HE/RR staff will administer pre-post test to each client to assess changes in</p>	<p>Percentage of clients with documented evidence in the client's primary record of a pre test to assess client's</p>

<p>knowledge/attitudes as a result of the health education/risk reduction counseling.</p> <p>HE/RR Staff will ask each client to complete a brief program evaluation after each completion of a course/service plan to assess effectiveness of program.</p>	<p>understanding of disease process.</p> <p>Percentage of clients with documented evidence in the client's primary record of a post-test to assess client's understanding of disease process.</p> <p>Percentage of clients with documented evidence in the client's primary record of increased knowledge of disease process and risk reduction methods.</p> <p>Percentage of clients with documented evidence of participation in course/service plan satisfaction survey.</p>
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References

HRSA/HAB Division of Metropolitan HIV/AIDS Programs Program Monitoring Standards – Part A April 2013. p. 32-33.

HRSA/HAB Division of State HIV/AIDS Programs National Monitoring Standards – Program Part B April, 2013. p. 30-31.

HRSA Policy Notice 16-02. Eligible Individuals & Allowable Uses of Funds. Located at: <https://hab.hrsa.gov/program-grants-management/policy-notice-and-program-letters>